

COMPLIANCE OVERVIEW

Provided by Insure NW

Employee Benefit Plan Limits for 2019

Many employee benefits are subject to **annual dollar limits** that are periodically updated for inflation by the IRS. The following commonly offered employee benefits are subject to inflation-adjusted dollar limits:

- High deductible health plans (HDHPs) and health savings accounts (HSAs);
- Health flexible spending accounts (FSAs);
- 401(k) plans; and
- Transportation fringe benefit plans.

The IRS typically announces the dollar limits that will apply for the next calendar year well in advance of the beginning of that year. This gives employers time to update their plan designs and make sure their plan administration will be consistent with the new limits.

This Compliance Overview includes a chart of the inflation-adjusted limits for 2019. Although some of the limits will remain the same, many of the

HIGHLIGHTS

INCREASED LIMITS

- HSA contribution limits for individuals with self-only or family coverage under an HDHP
- Employees' elective deferrals to 401(k) plans, pre-tax and Roth
- Health FSA limit for employee pre-tax contributions
- Monthly limits for transportation fringe benefit plans
- HDHP maximum out-of-pocket limits

UNCHANGED LIMITS

- Tax exclusion for dependent care FSA benefits
- Catch-up contributions to an HSA
- Catch-up contributions to a 401(k) plan
- HDHP minimum deductible limits

LINKS AND RESOURCES

- [Revenue Procedure 2018-30](#), 2019 limits for HSAs and HDHPs
- [IRS Notice 2018-83](#), 2019 limits for retirement plans
- [Revenue Procedure 2018-57](#), 2019 limits for health FSAs and transportation fringe benefits

limits increase for 2019.

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Limit	2018	2019	Change
HSA Contribution Limit			
Self-only	\$3,450	\$3,500	Up \$50
Family	\$6,900	\$7,000	Up \$100
Catch-up contributions*	\$1,000	\$1,000	No change
HDHP Minimum Deductible			
Self-only	\$1,350	\$1,350	No change
Family	\$2,700	\$2,700	No change
HDHP Out-of-pocket Maximum			
Self-only	\$6,650	\$6,750	Up \$100
Family	\$13,300	\$13,500	Up \$200
Health FSA			
Limit on employees' pre-tax contributions	\$2,650	\$2,700	Up \$50
Dependent Care FSA*			
Tax exclusion	\$5,000 (\$2,500 if married and filing taxes separately)	\$5,000 (\$2,500 if married and filing taxes separately)	No change
Transportation Fringe Benefits (Monthly Limits)			
Transit pass and vanpooling (combined)	\$260	\$265	Up \$5
Parking	\$260	\$265	Up \$5
401(k) Contributions			
Employee elective deferrals	\$18,500	\$19,000	Up \$500
Catch-up contributions	\$6,000	\$6,000	No change
Adoption Assistance Benefits			
Tax exclusion	\$13,840	\$14,080	Up \$240

*Not subject to annual adjustment for inflation